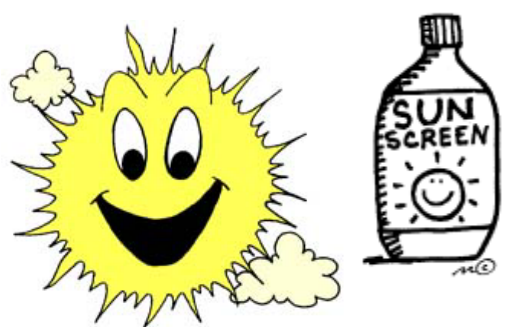


- Mon. Apr. 30**
Hamburger on a Roll w/ Ketchup & Pickles, Baked Beans, French Fries, Green Beans, Peaches.
- Tue. May 01**
Buffalo Chicken Wrap, Seasoned Rice, Carrot & Celery Sticks w/ Lite Ranch Dip, Choice of Fruit.
- Wed. May 02**
Fish Sticks w/ Tartar Sauce, Baked Chips, Cole Slaw, Broccoli, Corn Bread, Mixed Fruit.
- Thu. May 03**
Orange Juice, Pancakes w/ Strawberry Topping, Hash Brown, Sausage Pattie, Petite Banana.
- Fri. May 04**
Spaghetti w/ Meat Sauce, Tossed Salad, Green Beans, Garlic Bread, Pears.
- Mon. May 07**
Pulled Pork on a Panini, French Fries, Cole Slaw, Choice of Fruit.
- Tue. May 08**
Chicken Bowl, Dinner Roll, Peaches.
- Wed. May 09**
Pizza w/ Cheese or Pepperoni, Marinated Chic Peas, Carrots, Pears.
- Thu. May 10**
Baked Potato w/ Chili or Cheese Sauce, Broccoli Cuts, Corn Bread, Mixed Fruit.
- Fri. May 11**
Turkey Roast w/ Gravy, Cranberry Sauce, Mashed Potatoes, Green Beans, Dinner Roll, Peaches.
- Mon. May 14**
Panakes w/ Syrup, Hash Brown, Sausage Pattie, Strawberries.
- Tue. May 15**
Tacos w/ Meat, Cheese, Lettuce, Tomato, Sour Cream, Seasoned Rice, Corn, Pineapple.
- Wed. May 16**
BBQ Chicken, Macaroni Salad, Baby Carrots w/ Lite Ranch Dip, Pears.

BREAKFAST MENU FOR ALL SCHOOLS



Regular Price: \$1.50 ~ Reduced Price: 30¢



SUN SAFETY in MAY

It's good to get some sun (that's one of the few ways you can get your vitamin D), but overexposure to the sun can burn your skin now, so be careful if you are starting on that summer tan. Protect yourself by:

1. Using a sunscreen with s.p.f. of 30 or more when you are out between noon and 3 p.m.
2. Rub sunscreen on your face, the back of your neck, and any other exposed skin. Wear a hat to shield your scalp and face.



Don't Forget
Mother's Day
May 13th

- Thu. May 17**
Pizza w/ Cheese & Pepperoni, Marinated Chic Peas, Tossed Salad, Mixed Fruit.
- Fri. May 18**
In-Service Day. Early Dismissal. Breakfast Will Be Served.
- Mon. May 21**
Chicken Nuggets w/ Honey Mustard or BBQ Sauce, French Fries, Mixed Vegetables, Corn Bread, Orange Wedge.
- Tue. May 22**
Nachos w/ Meat, Cheese, Lettuce, Tomatoes, Black Beans, Sour Cream, Seasoned Rice, Corn, Pineapple.
- Wed. May 23**
Fish Sticks w/ Tartar Sauce, Baked Chips, Broccoli, Pumpkin Bread, Peaches.
- Thu. May 24**
Hot Turkey Sandwich, Cranberry Sauce, Peas, Butternut Squash, Jello with Topping, Fresh Apple.
- Fri. May 25**
Hot Dog on a Roll w/ Mustard & Relish, Macaroni Salad, Baby Carrots w/ Lite Ranch Dip, Watermelon.
- Mon. May 28**
Memorial Day. No School.
- Tue. May 29**
Cheeseburger on a Roll w/ Ketchup & Pickles, French Fries, Baked Beans, Choice Of Fruit.
- Wed. May 30**
American Chop Suey w/ Meat Sauce, Tossed Salad, Green Beans, Garlic Bread, Pears.
- Thu. May 31**
Chicken Pattie on a Roll, French Fries, Mixed Vegetables, Mixed Fruit.

**MAY 29TH
MEMORIAL DAY
OBSERVED**

MILK IS SERVED WITH ALL MEALS.
MENU SUBJECT TO CHANGE.

SCHOOL LUNCH PRICES

Regular price: \$2.25
Reduced price: 40¢
A la carte milk: 40¢

You may apply for free or reduced prices any time during the school year

Questions? Comments?
Call 684-1307 Rose Goddard

This institution is an equal opportunity provider.



- SALAD BAR
- BAGEL BAR
- HOT STATION
- SNACK BAR

- ☆ Deli Bar
- ☆ Pizza
- ☆ Daily Special

Student price for complete salad and sandwich lunch combos: \$2.25
Free and reduced prices applicable. Adult price: \$4.00

WHAT'S COOKING AT
WAHCONAH

MAY