

Central Berkshire Regional Schools




November 2018



Lunch Menu Grades K-12



John Tranfaglia
Food Service Director
(413) 684-1307
Jtranfaglia@cbrsd.org

<p>CBRSD Food Service Department Employment Opportunities *Assistant Cook – 3hrs a day *Substitute positions are available Please contact John Tranfaglia @ (413) 684-1307 or Jtranfaglia@cbrsd.org</p>					<p>1st (WG) Grilled Cheese & Tomato Soup Steamed Peas Strawberry Cups</p>	<p>2nd (WG) Stuffed Crust Pizza Tossed Salad Steamed Corn Sliced Peaches</p>
<p>5th (WG) Chicken Nuggets Honey Mustard / BBQ Sauce Mixed Vegetables Sliced Pears</p>	<p>6th $\frac{1}{2}$ Day of School Breakfast is Served</p>	<p>7th Pasta & Meatballs (WG) Garlic Bread Steamed Peas Mandarin Oranges</p>	<p>8th (WG) Pancakes & Sausage Orange Juice Hash Browns Fresh Apples</p>	<p>9th Pork Roast Dinner Mashed Potatoes / Gravy Steamed Carrots Apple Sauce Cup</p>		
<p>12th No School Veterans Day</p>	<p>13th Hamburger/Cheeseburger (WG) Roll Oven Fries Pickles Peach Cups</p>	<p>14th (WG) Chicken Patty (WG) Roll Steamed Green Beans Pineapple Chunks</p>	<p>15th Roast Turkey Dinner Mashed Potatoes / Gravy Steamed Corn Cranberry Sauce</p>	<p>16th (WG) French Bread Pizza Marinated Chic Peas Steamed Carrots Sliced Peaches</p>		
<p>19th Mozzarella Sticks (WG) Marinara Sauce Steamed Broccoli Apple Sauce</p>	<p>20th Hot Dog on a (WG) Roll Vegetarian Beans Mandarin Oranges</p>	<p>21st $\frac{1}{2}$ Day of School Thanksgiving Break Breakfast is Served</p>	<p>22nd  Happy Thanksgiving</p>	<p>23rd No School Thanksgiving Break</p>		
<p>26th Chicken Patty on a (WG) Roll Steamed Carrots Oven Fries Fruit Cocktail</p>	<p>27th (WG) Popcorn Chicken Bowl Mashed Potatoes/ Gravy Steamed Corn Pineapple Chunks</p>	<p>28th Melted Ham & Cheese on a Croissant Oven Fries Cole Slaw Mandarin Oranges</p>	<p>29th Taco Salad (WG) Tortilla Chips Lettuce, Tomato, Salsa Marinated Chic Peas Mixed Fruit</p>	<p>30th Cheese Pizza Tossed Salad Steamed Broccoli Sliced Peaches</p>		

Alternative Lunch Options:

Elementary Schools Alternative Options:

Tuna Fish Sandwich (WG) Bread
Cheese Sandwich (WG) Bread
SunButter & Jelly (PEANUT FREE)

Nessacus Middle School Alternative Options:

Bagel Bar w/ Cream Cheese
Large Salad, Peanut Butter & Jelly Sandwich

Wahconah High School Alternative Options:

Salad Bar, Bagel Bar, Cheese Pizza, Chef's Choice

Milk is Available Everyday – 1% White, Fat Free Chocolate

Fresh Fruit or Canned Fruit Available Everyday

MENU IS SUBJECT TO CHANGE

School Lunch Prices - Paid \$2.25 / Reduced \$.40,
Breakfast- Paid \$1.50 / Reduced \$.30

Breakfast is available for **ALL** Central Berkshire Regional District students.

Breakfast Menu

Fruit, Choice of Cereal, Choice of Milk
Orange Juice

Student Account and Balance Information

We offer **"My School Bucks"** a convenient and secure online payment/parent information portal.

Go to www.myschoolbucks.com to sign up for a free account.

Use this account to view your child's purchases and to review your students balance (**Free Service**)

If you choose you can make an online payment (**\$2.49 Charge per Transaction**)

(WG) Whole Grain Product

USDA is an equal opportunity provider and employer

